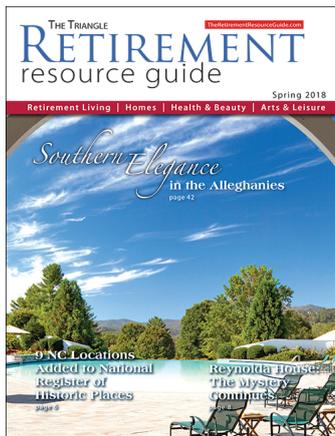


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A Letter From the Publisher...

There are big changes underway in the Triangle housing market for the 55+ set. The Triangle continues to get top-ranking on “Best Places to Retire” lists annually. And it’s easy to understand why. Our climate is wonderful...truly four distinct seasons...and none better than spring. Our equidistance from the coast and the mountains is another key attraction.

But there is much more for retirees in the Triangle; the arts scene from DPAC to the Symphony is vibrant offering something to enrich your life every night of the week. The shopping and dining scene continues to excel whether you love the fast-paced action of the North Hills area, the sprawling experience of the Shoppes at Southpoint or the bargains at the Tanger Outlets in

Mebane, it's all here. From boutique shops to Saks Fifth Avenue, the most avid shopper's appetite can be satiated.

As our tastes have evolved so have the new homes that builders are offering. Recognizing the change in tastes, New Home builders are offering more low-maintenance, single-level communities than ever before while most traditional community builders are offering more floorplans and styles that cater to the unique needs of those seeking a "carefree lifestyle."

You'll find lots of detailed information about housing options in this issue— from Active Adult, Low Maintenance and Independent Living communities to elaborate Continuing Care communities that offer resort-style living with the ultimate in a care-free lifestyle living.

You'll also find the second installment of Reynolda House and its continuing mystery, unsolved to this day; a behind the scene article about the historic Greenbrier; and a report on nine new locations that have been added to the National Register of Historic Sites.

Feature Articles:

Reynolda - A Legacy: The Mystery Continues

The Greenbrier: Southern Elegance in the Alleghanies

[Nine New Sites Reflect NC's History](#)

[Cruise to Tour Historic Albemarle](#)

[Authentic, Tranquil, and Hugge](#)

[Staying Motivated and Keeping Active](#)

[Is My Changing Memory Normal?](#)

[A Heart Device Restores a Sense of Humor](#)

[Lifelong Learning: Wake Tech's Plus 50 Program](#)

[Facts About Taking Social Security Abroad](#)

[A Parting Word by David Ammons](#)